

| Zeit | m.Jgd. A / B | w. Jgd. A / B | SchüA | SchiA | SchüB | SchiB | SchüC | SchiC | SchüD | SchiD | Zeit |
|-------|--------------|---------------|--------------|--------------|------------|--------------|------------|----------------|------------|----------------|-------|
| 13:00 | | | 80m Hürden | | | Hoch Ah 1,15 | | Weit 4+5 | Schlagball | Weit 1+2 | 13:00 |
| 13:10 | | | | 80m Hürden | | | | | | | 13:10 |
| 13:30 | | | | | 60m Hürden | | Schlagball | | | | 13:30 |
| 13:40 | | | | | | 60m Hürden | | | | | 13:40 |
| 14:00 | 100 m | | | | | | | | | | 14:00 |
| 14:10 | | 100 m | | | | | | | | | 14:10 |
| 14:20 | Kugel | | 100 m | | | Schlagball | | | Weit 1+2 | | 14:20 |
| 14:30 | Weit 4 | Weit 5 | | 100 m | | | | | | | 14:30 |
| 14:45 | | | | | | Hoch Ah 1,20 | | | | | 14:45 |
| 14:50 | | | | | | 75 m | | | | | 14:50 |
| 15:00 | | | | | | | 75 m | | | | 15:00 |
| 15:25 | | | | | | | | 50 m | | | 15:25 |
| 15:30 | | | Weit 2 | Weit 1 | | | | | | Schlagball 1+2 | 15:30 |
| 15:35 | | Kugel | Kugel | | | Weit 4+5 | | | | | 15:35 |
| 15:40 | | | | | | | | 50 m | | | 15:40 |
| 15:55 | | | | Hoch Ah 1,25 | | | | | 50 m | | 15:55 |
| 16:10 | | | | | | | | | | 50 m | 16:10 |
| 16:20 | | | | | | | | Schlagball 1+2 | | | 16:20 |
| 16:25 | | | | | Weit 2 | | Weit 1 | | | | 16:25 |
| 16:30 | 4x100 m | | 4x100 m | | | | | | | | 16:30 |
| 16:40 | | 4x100 m | | 4x100m | | | | | | | 16:40 |
| 16:55 | | | | Kugel | | 4x75m | | | | | 16:55 |
| 17:00 | Hoch Ah 1,40 | | Hoch Ah 1,35 | | | | | | | | 17:00 |
| 17:10 | | | | | 4x75m | | | | | | 17:10 |
| 17:20 | 200 m | | | | | | | | | | 17:20 |
| 17:30 | | 200 m | | | | | | | | | 17:30 |
| 17:45 | | | | | | | | 800 m | | | 17:45 |
| 17:55 | | Hoch Ah 1,30 | | | | | | | | | 17:55 |
| 18:00 | | | | | Ballwurf | 800 m | | | | | 18:00 |
| 18:15 | | 800 m | | 800 m | | | | | | | 18:15 |
| 18:25 | 800 m | | | | | | | | | | 18:25 |
| 18:30 | | | | | | | 1000 m | | | | 18:30 |
| 18:45 | | | 1000 m | | 1000 m | | | | | | 18:45 |